

# COVID-19 UPDATES AND RESOURCES

We want to give the residents of Wayne County a place to find the most current, reliable updates and resources surrounding COVID-19. The following information is intended to do just that. We encourage you to stay calm, follow good hygiene, and practice physical distancing. At this time there are 0 confirmed cases in the county. Active monitoring for potential cases and exposures is ongoing in Wayne County and throughout the state of Utah. Please use the following resources to prepare and educate yourself about COVID-19 so you can protect yourself and those around you. Each listed resource is linked to a website where you can find further information.

## HELPFUL TIPS

[Prevention](#)

[Proper Hand Washing](#)

[Signs and Symptoms](#)

Quick tips:

- \* Cover nose and mouth when coughing and sneezing with tissue or flexed elbow
- \* Avoid close contact with anyone with cold or flu-like symptoms
- \* Maintain physical distancing by keeping 6 feet apart
- \* Avoid physical contact when greeting. Instead, try to wave, nod, or bow
- \* Wash your hands frequently
- \* Avoid touching your eyes, nose, and mouth
- \* If you're sick, call ahead before visiting a doctor
- \* STAY HOME

The community, state, and national resources for COVID-19 are listed below.

## COMMUNITY RESOURCES

[Wayne Community Health Center](#)

[Public Health Nurse](#)

[School District](#)

[Sign up for Code Red](#)

[Royal's](#) is offering online and call-in ordering for customers at high risk: **435-836-2841**

## STATE RESOURCES

[Utah's COVID-19 Website](#)

[COVID-19 Travel Information](#)

[Utah Division of Emergency Management](#)

[USU Extension COVID-19 Resources](#)

Utah COVID-19 Information Line: **1-800-456-7707**

## NATIONAL RESOURCES

[Centers for Disease Control and Prevention](#)

[World Health Organization](#)

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